

WELCOME TO THE “CALL TO HEAL” WORKSHOP

The “Call to Heal” workshop, the first in the 5 part series of The Pachakuti Mesa Tradition, Cross-Cultural Shamanic Arts for Personal and Planetary Renewal will be held Friday, April 1 through Sunday, April 3, 2016 at The Sanctuary at Mt. Shasta.

The hours are:

Friday – 7pm to 10 pm

Saturday – 10 am to 10 pm

Sunday – 9 am to 12 pm

Lunch will be provided on Saturday.

Cost: \$295 before May 1 and \$340 thereafter by check or PayPal rates are \$305 and \$350

To register: please complete the registration form (page 2) and mail it to us with your check

to: Ray Nobriga

P.O. Box 1239

Mount Shasta, CA 96067

Please bring:

- * Sea shell
- * Feather
- *stone to represent animal ally
- *cornmeal (preferably blue)
- *jar of perfect bay leaves
- *your most sacred artifact/artifact that represents your most sacred self
- * Ceremonial cloth approximately 18” by 18” (it can be a bit larger and doesn’t need to be square)
- * White candle in glass
- * Stone to represent mother earth
- * Sacred sound maker of your choice
- *pouch tobacco

Also pack:

Layers of clothing – temperature can vary greatly over the course of the day

Sun screen

Slip on shoes

Back jack or something comfortable to sit upon

Water bottle (metal is preferred)

Notebook and lighter/igniter to light candles



Participant Registration Form for “The Call to Heal”

The Pachakuti Mesa Tradition: Cross-Cultural Shamanic Arts for Personal and Planetary Renewal

Name: _____ Address: _____

Phone: _____ City: _____ State: _____ Zip: _____

Email: _____

Registration Information

Thank you for your interest in **The Pachakuti Mesa Tradition Apprenticeship Program**. Please complete this workshop registration form and email or mail it directly to Ray Nobriga, PO Box 1239, Mt. Shasta, CA 96067 with payment in full. The registration deadline for any PMT workshop(s) is (3) three days prior to the workshop start date.

Cancellation/Refund Information

Upon *written* cancellation request, we will issue a refund ASAP. A registered participant will be reimbursed 100% of monies paid up to (2) two weeks prior to workshop start date; or 50% of monies paid within the (2) two weeks prior to the workshop start date. No refund will be issued for a “no-show”. In the event that we cancel the PMT workshop, all monies paid will be refunded.

Directions:

Highway 5 (either north or south depending on point of departure);

Take the Summit Drive/Truck Village exit;

Turn right onto Truck Village if coming from southbound, highway 5 or

Turn left onto Truck Village if coming northbound on highway 5;

Turn left onto Summit Drive;

Turn right onto Deetz Road;

Follow Deetz Road, crossing the railroad tracks; and

Approximately ½ mile beyond railroad tracks, on the right, is a stone monument with The Sanctuary written on it;

Turn right and proceed up the paved road and turn left onto intersecting paved road which will lead you to the site.

The physical address is: 1631 Deetz Road. For assistance please call either (925) 918-1132 or (925) 914-1366.

Accommodations:

Mt. Shasta Lodging Options

Best Western Tree House (free breakfast)	926-3101
Cold Creek Inn	926-9851
Econo Lodge	926-3145
Evergreen Lodge	926-2143
Motel 6 (in City of Weed)	938-4101
Mt. Shasta Inn and Suites	918-9292
Sis-Q-Inn (in City of Weed)	928-4194
Strawberry Valley Inn	926-2052
Travel Inn	926-4617
A-1 Choice Inn	926-4811
Shasta Vacation Rentals	926-5396
Stewart Mineral Springs Resort (in City of Weed)	938-2222

Area Code 530:

Camping Options:

Lake Siskiyou Campgrounds	926-2618
KOA Kampgrounds of Mt. Shasta	926-4029

You can find some good deals through [Airbnb.com](https://www.airbnb.com) and [vrbo.com](https://www.vrbo.com) as well.